



If you have questions about mentorship or becoming a mentor, contact the project lead on the CityLEADERS project page.

"The opportunity to inspire the next generation of leaders not only insures a competent work force for the future, but also gives hope that some day those of us who are in the trenches will be able to retire,"

Kimberlee Wyche-Etheridge, former Chair of the CityMatCH Board of Directors' and former Director of Family, Youth, and Infant Health at the Metro Nashville Public Health Department

What is Mentoring?

- Mentors provide advice and guidance based on their own expertise or experience.
- Mentors and the person being mentored are usually in the same field or have followed a similar career path.
- Mentors assist with networking and making valuable connections.
- The focus of the Mentor/Mentee relationship is career success, advancement, and intergenerational exchange of ideas.

Who are CityLEADERS Mentors?

CityLEADERS Mentors are seasoned and senior maternal and child health leaders with a desire to provide advice and guidance with emerging and mid-level leaders in the field. Year One CityLEADERS identified the following traits that make a good mentor:

- Time availability
- Broad MCH knowledge base
- Supervisory experience
- Good listening skills
- The ability to ask important and challenging questions

What do Mentors “Give”?

To have the most impact, CityMatCH believes mentors must be prepared to give the following:

- Attend an orientation lunch with the CityLEADERS and staff and meet with your individual Mentee during the CityMatCH Conference

- Devote time to regularly mentor a designated City**LEADER**, including at least one 30-60 minute conference call per month throughout the program (8 months)

What do Mentors “Get”?

CityMatCH gives back to the mentors by providing the following:

- Increased individual knowledge in selected domains of urban MCH leadership, including mentorship
- Access to newly available leadership resources
- Opportunity for intergenerational transfer of ideas with emerging and mid-level urban MCH leaders