

# INSTITUTIONALIZING REPRODUCTIVE LIFE PLANNING SERVICES IN CALIFORNIA'S TITLE X FAMILY PLANNING AGENCIES

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## FROM INNOVATION TO STANDARD PRACTICE

- In 2006, California Family Health Council recognized :
  - Importance of preconception and inter-conception health for women's health and positive birth outcomes
- Began actions to raise awareness and build partnerships/coalitions across California

## PRACTICE — THANKS TO MARCH OF DIMES 2007-10

- Investigated levels of “readiness”
- Initiated training for health professionals
- Conducted pilot integration
- Developed logic model



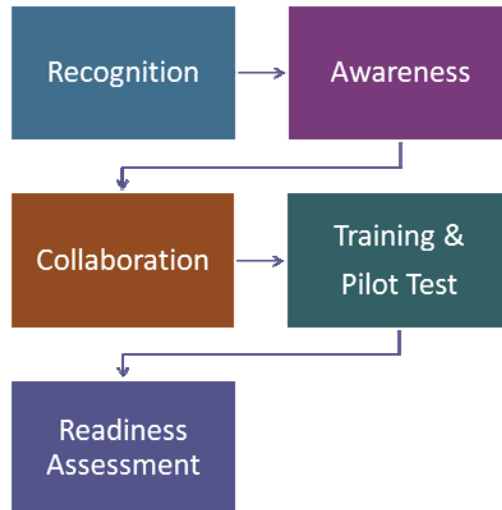
## ....TO STANDARD PRACTICE

- CFHC “institutionalizing” reproductive life planning:
  - Required agencies to include preconception and inter-conception health care services in applications for (re)funding
  - Developed clinical guidelines
  - Developed operational performance measures
  - Initiated monitoring of client data: primary contraceptive method, pregnancy and seeking pregnancy

A Title X priority!



## 2006-2010 SUPPORTED BY MARCH OF DIMES

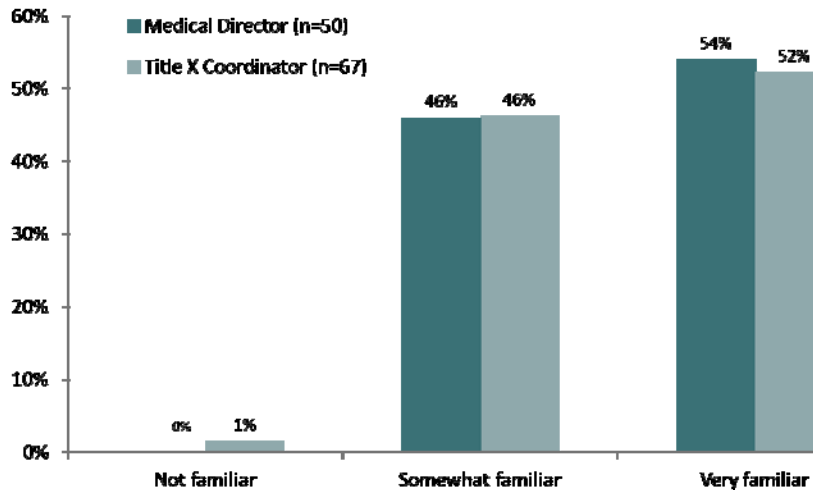


## ASSESS READINESS TO INTEGRATE PCC/ICC IN FAMILY PLANNING

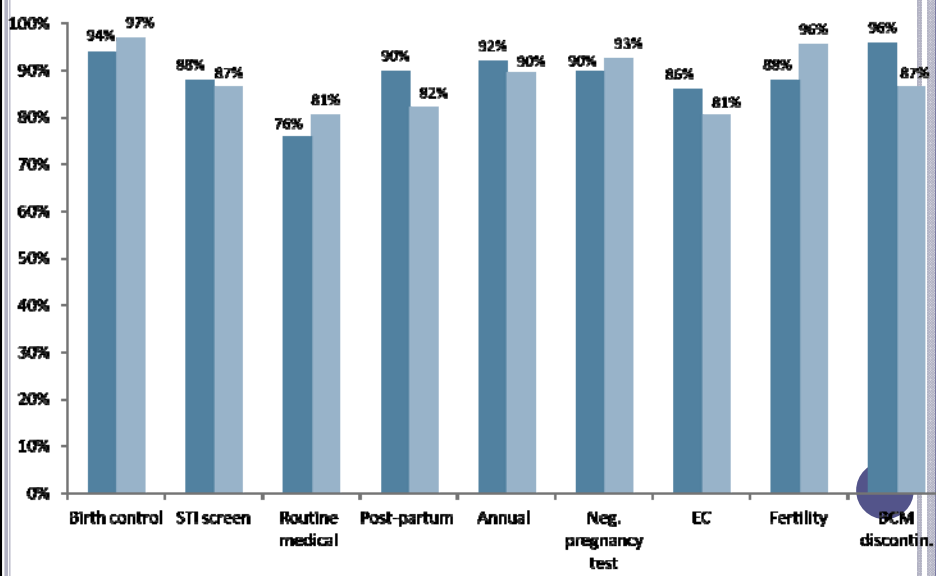
- Need for systematic information
- Goal of survey to assess each agency's level of:
  1. senior staff knowledge of preconception health
  2. current delivery of preconception care
  3. organizational readiness
- 100% response rate
  - 117 responses from 71 agencies
- Findings



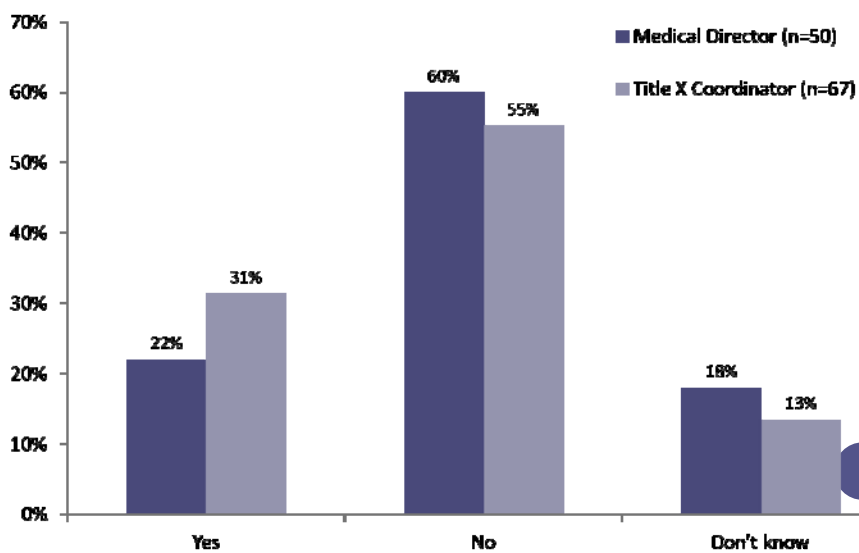
Based on the definition of PCC/ICC provided, how would you rank your own familiarity/knowledge with these concepts:



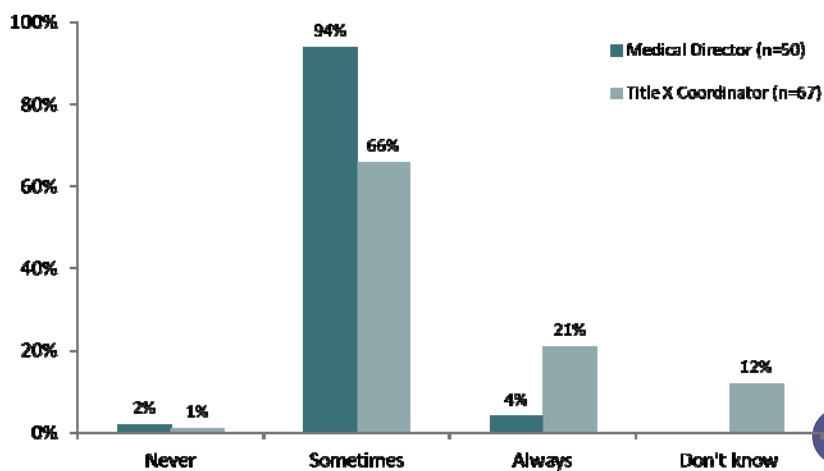
Which of the following visits should include PCC/ICC health services?



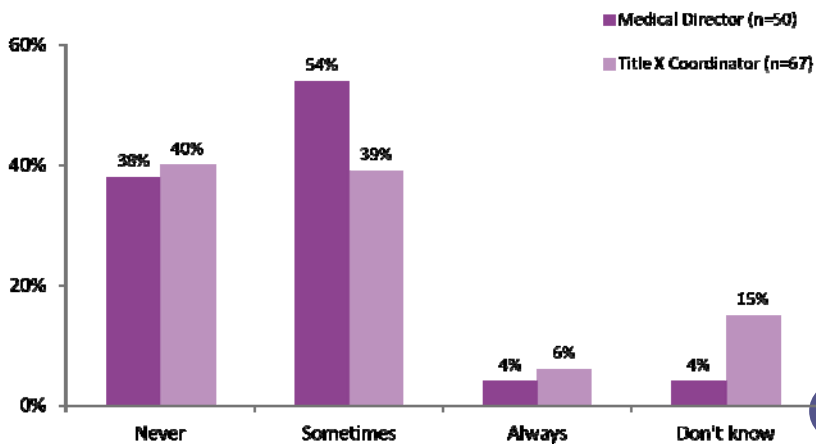
### Does your agency have a written PCC/ICC protocol?



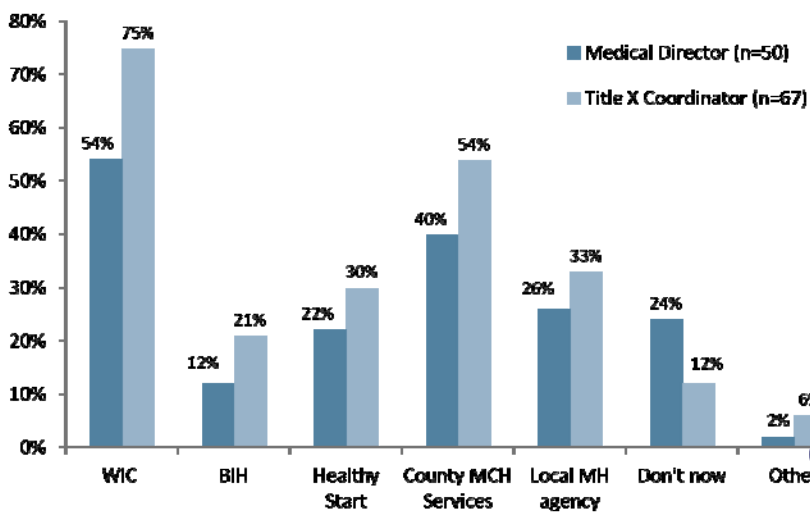
### At your agency, how often is folic acid information provided to women of reproductive age regardless of intention for pregnancy?



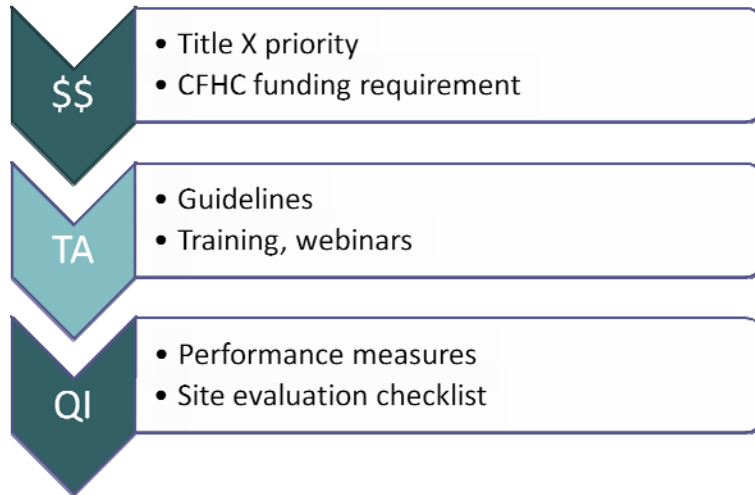
At your agency, how often are folic acid supplements (alone or in multivitamin) provided to women of reproductive age at low or no cost?



Indicate if your agency developed partnerships with any of the following organizations in efforts to enhance PCC/ICC services



## INSTITUTIONAL STAGE: 2010-2011



## COMMUNITY AWARENESS



## CLINICAL STRATEGY

- Screen for pregnancy intention (short & long term) and for pregnancy risk
- Ask/discuss reproductive life plan
- Assist with giving protection
  - Prevention and treatment
- Assist with managing conditions
  - Pre-disease and chronic conditions
- Assist with avoiding exposure
  - Substances, medications, environmental toxins



## AGENCY CONTRACT STATEMENT OF WORK

1. Integrate PCC protocols with existing protocol
2. Incorporate PCC health assessment into the history form
3. Provide client centered comprehensive counseling
4. Provide PCC training for staff
5. Collect client visit record information for submission to centralized data system (intention and timing for pregnancy)



## FOCUS ON TRAINING OF PROVIDERS

- Over 550 clinicians and health educators received 1-3 hour orientations
- On-going training on practical ways to integrate PCC/ICC into most family planning visits
- Over-arching goal: FP providers become so comfortable with integrated services, that integration is “second nature” to their work.
- Webinar gave easy access to all agencies in California; now available online



## OPERATIONAL PERFORMANCE MEASURE

- Agencies provide evidence:
  - PCC protocols integration
  - Revised history form
  - Pregnancy intent captured in client record
- Clinical Follow up on Site Visits



## MONITORING SYSTEM-WIDE INTEGRATION

- Logic Model guides strategies and actions
- Baseline measure of agency PCC interest and current practice guides need for TA
- Contractual agreements in place
- Technical assistance on-going
- Systems of accountability and quality improvement launched
  - Statement of Work
  - Performance Measures
  - Monthly and yearly client record data
  - Site evaluations



## WHAT WORK IS AHEAD?

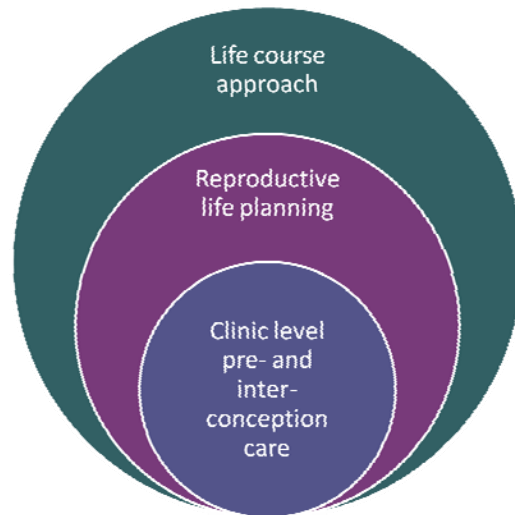
- Reproductive Life Plans piloted, proven and available in different languages, appropriate for women and men, teens and adults
- Educational materials in multiple languages
- Revisions to centralized data system and EMRs/EHRs to document client pregnancy intent



- Promotion of interconception guidelines and patient handouts
- Full implementation-institutionalization in 81 agencies (340 clinic sites)



## WORKING TOWARD COMMON UNDERSTANDING



## CONTACT



Questions?

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