

BE FRUITFUL AND MULTIPLY, OR NOT... FAITH-BASED PARTNERSHIPS WITH FAMILY PLANNING PROVIDERS

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California Family
Health Council, Inc.

advocate facilitate evaluate educate research

OVERVIEW

- California Family Health Council
- Faith Based Partnership Program
 - Purpose and Goal
 - Program description
 - Preconception / Reproductive Life Planning
- Evaluation
- Lessons Learned

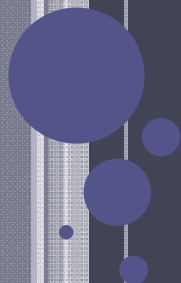


CALIFORNIA FAMILY HEALTH COUNCIL (CFHC)

- A non-profit organization that administers the federal Title X Family Planning Services Program for California
- Allocates over \$20 M annually to 80 Delegate Agencies with over 300 clinics sites
- Over 1.2 million low-income residents receive comprehensive family planning services



FAITH BASED COMMUNITY OUTREACH PROGRAM



FAITH BASED COMMUNITY OUTREACH PARTNERSHIPS

Purpose

- Expand family planning outreach capacity of the Title X network in California through **active partnership**

Goal

- Increase access to comprehensive sexual health education, outreach and referral to family planning services

Emphasis on PCC/RLP



KEY ELEMENTS OF PARTNERSHIP PROJECT

- Faith based non-profit organization providing social services to priority populations
- Partners with a Title X family planning provider
- Provides medically accurate reproductive health education, counseling, community outreach and referral for clinical services to Title X provider



PRIORITY POPULATIONS

Focusing on federally designated priority populations:

- Homeless
- Teens
- Migrant workers
- Individuals with limited English proficiency (LEP)
- Males
- Low-income individuals



REPRODUCTIVE HEALTH DISPARITIES IN UNDERSERVED COMMUNITIES...

- High African American infant and maternal mortality rates
- High teen birth rates among Latinas
- High unplanned/unintended pregnancy rates among low-income populations



PARTNERSHIP PROJECTS

Faith Based Grantees:

- All People's Christian Center
- Friendly Church of God in Christ
- La Sierra University Church
- Beyond the Walls Ministry
- Proyecto Pastoral

Title X Partners:

- County health agencies, community health clinics, Planned Parenthood clinics



PARTNERSHIP ACTIVITIES

- In-house education sessions
 - Reproductive health sessions
 - Parent/teen communication about life issues
 - Food service job training with a side of family planning!
- Community education and outreach activities in their respective communities
 - Health fairs
 - Use of teen theater and puppet shows



TRAINING FBCOS

- All grantees receive funds dedicated for training of staff and volunteers
- Fundamentals of Family Planning: three day certification course (CFHC)
- Other family planning related trainings available through the Center for Health Training



PARTNERSHIP MAINTENANCE

Program guidance:

- MOU required
- Designated staff to maintain relationship
- Regular meetings
- Title X partner staff viewed as resource
- CFHC staff viewed as resource





TITLE X PRIORITY: REPRODUCTIVE LIFE PLANNING AND PRECONCEPTION

REPRODUCTIVE LIFE PLAN (RLP) WHAT IS IT?

- A set of goals about having or not having children
- Based on individual's own goals and dreams
- Guides thinking about how to live life and reach goals
- Helps improve health regardless of plans for pregnancy and prior to possible pregnancy



REPRODUCTIVE LIFE PLAN (RLP) HOW TO I DO IT?

Things to consider:

- Do I want to have children?
 - If yes, when & how many?
- Career, school, finances, socioeconomic situation
- Pregnancy prevention
- Health considerations



PRECONCEPTION CARE – WHAT IS IT?

A set of interventions that aims to identify and modify biomedical, behavior, and social risks to a woman's health or pregnancy outcome through prevention and management

- Emphasizes those factors which must be acted on before conception or early in pregnancy to have maximum effect

Centers for Disease Control and Prevention (CDC)



PRECONCEPTION HEALTH STRATEGIES

- Promoting healthy behaviors (balanced meals, moderate exercise, quitting smoking/alcohol use, etc.)
- Managing chronic conditions, like diabetes, known to affect fetal development
- Increasing folic acid intake
- Avoiding teratogenic medications



EMPHASIZING REPRODUCTIVE LIFE PLANNING

- Integration of RLP/PCC in SOW and contract
- Orientation at start of contract year
- Training available for grantee staff/volunteers
- Education materials available for distribution
- RLP messages/concepts integrated into education sessions and outreach activities



EVALUATION

EVALUATION

○ Tools

- SOW (tracking activities)
- Pre/Post Tests
- Partnership Assessments

○ Challenges

- Program activities vary among grantees
- Quality of partnership with Title X clinic varies
- FB grantees not familiar with evaluation methods



FBCO 2010: THE NUMBERS!

	In-house Education Sessions	Medical Referrals	Community Education/ Outreach	Community Outreach Referrals	Community Partners
Annual goals	960	505	1,860	1,465	53
Year End Numbers	1,935	1,372	3,822	3,681	48



FBCO PRE/POST RESULTS 2010

- 168 sets pre/post surveys submitted
- Age range: 12 to 59
 - average age 25
 - 48% teens
- 59% Female, 41% Male
- 79% English, 21% Spanish
- 43% Latino/Hispanic, 32% Black, 14% White



EVALUATION TOOLS – PRE/POST TESTS

1. Do you know of a clinic in your area where you can get low or no cost birth control, STD testing, and other reproductive health services?
2. Would you go to a clinic in your area if you needed birth control, STD testing, or other reproductive health services?

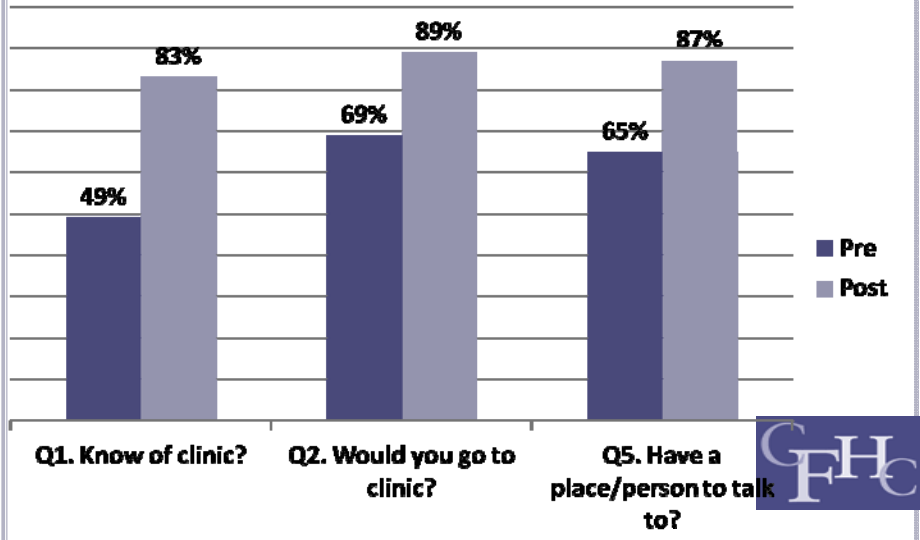


EVALUATION TOOLS – PRE/POST TESTS

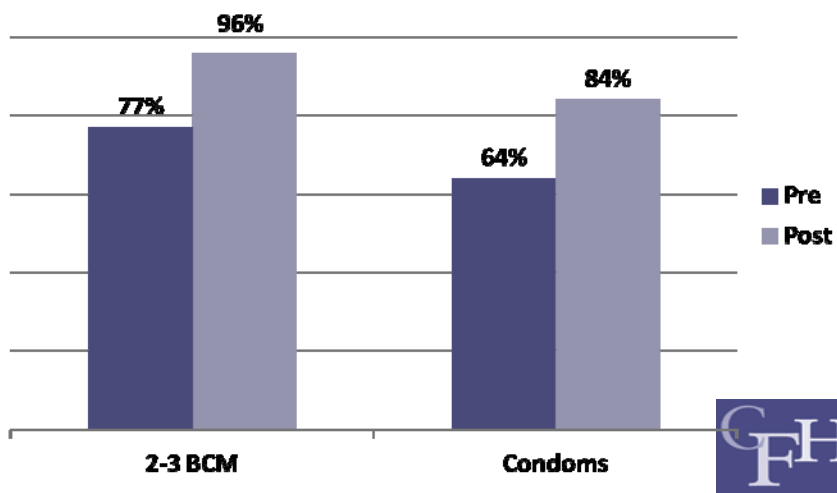
3. Do you have a place you can go, or an adult you trust, to talk to about pregnancy prevention, STDs, and relationships?
4. List three types of birth control methods (in addition to abstinence)
5. What is an effective way to prevent STDs (in addition to abstinence)?



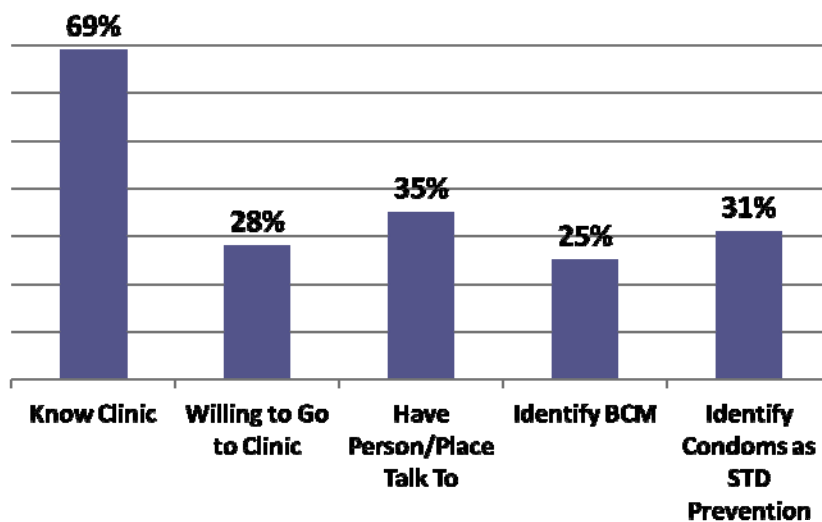
FBCO RESULTS 2010



FBCO RESULTS 2010



PERCENTAGE INCREASE - ALL QUESTIONS



EVALUATION TOOLS – PARTNERSHIP ASSESSMENTS

1. Describe **challenges** in partnership.
2. Provide any ideas or **suggestions** to improve the partnership.
3. What has been the most **successful** aspect of the partnership?



CHALLENGES

"There is a need to recognize that relationships are between people, not between organizations."

- Distance to clinic
- Staff turnover
- Scheduling workshops with partner
- Distrust of medical system
- Language barriers, lack of cultural competency at Title X clinic
- Myths and fears about birth control



SUGGESTIONS

- Maintain consistent communication
- Invite Title X clinic staff to see activities
- Schedule workshops at a set time each year
- Provide FBCO with clinic tours/visits
- Continue to build relationship by sharing information and training opportunities

"It is always important for the presenter to understand our population."



SUCCESES

- Communication
- Funding covered expenses for training
- Good, up to date sex education
- Increase in peer referral network
- Clinic tour and presentation for teens
- Excellent relationship with Title X partner
- Support from Title X partner



LESSONS LEARNED

- Orientation and training of FBCO staff is essential
- Communication is vital to successful partnership
- FBCOs provide cultural, moral and value positive context that outside agencies cannot
- FBCOs can be a powerful and respected voice in community



THANK YOU!



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