Integrating

Community-Based Doula Support into Home Visiting Programs

Rachel Abramson,
Executive Director
Jeretha McKinley, National Program Replication Manager
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HealthConnect One
Engage. Train. Change.

HealthConnect One

- A leader in training and technical assistance, HC One assists organizations in developing and implementing innovative, evidence-based initiatives that directly impact health disparities, including community-based doula programs.

  Since 1986, HC One has targeted racial and socioeconomic disparities in perinatal outcomes. Our nationally recognized programs have resulted in fewer complications during births, rates of c-section births, increases in breastfeeding rates, and improved infant health and decreased costs.

Hi Touch Integration

Access Community Health Network Community-based Doula Program 2009

HC One **5** Essential Components

1. Employ women who are trusted members of the target community
2. Extend and intensify the role of doula with families from early pregnancy through the first months postpartum.
3. Collaborate with community stakeholders/institutions and use a diverse team approach
4. Facilitate experiential learning using popular education techniques and the HC One training curriculum
5. Value the doulas' work with salary, supervision and support

A Community-based Doula

- Is a trusted member of the target community
- From early pregnancy till at least 6 months postpartum she provides:
  - **emotional** and **physical support**
  - **linkages** to services
  - home visits and labor **support**
  - **breastfeeding** education
  - **parenting** and **life skills**
- **Is valued with Salary and Supervision**

So what's the story?

Together We Can

- HealthConnect One supports a network, focused on Community-based Doulas, whose tireless advocacy resulted in the first National funding stream for Community-based doula programs.
- As a result 10 organizations around the country have received Federal funds to implement Community-based Doula programs.
- HealthConnect One has been selected in both funding cycles 2008-10 and 2010-13, as the Leadership Institute. We provide technical assistance and training to the direct service grantees

2010-13 HRSA Funded
Community-based Doula Program Sites

- East Liberty Community Health Center, Pittsburgh, PA
- Georgia Campaign for Adolescent Pregnancy Prevention and Families First, Inc., Atlanta, GA
- Great Lakes Inter-Tribal Council, Northern WI
- Migrant Health Promotion, Brownsville, TX
- ReGenesis Community Health Center, Gaffney, SC
- Healthy Family Initiatives, Houston, TX

EQUITY

Outcomes for HRSA 2008-2010 Common Objectives

- 1% of infants among all live births to project participants had Very Low Birth weight (VLBW)
- Neonatal mortality rate 0
- 80% of the postpartum mothers initiated breastfeeding in the first 48 hours of birth
- Only 18% C-sections to women attended by a doula
- 98% of participants were screened for depression

Love Multiplied

GCAPP/Families First, Atlanta, GA

GLITC
4 Northern Wisconsin Tribal Councils

BirthMatters, Spartanburg/Gaffney, SC

Brooklyn Young Mothers Collective, Brooklyn, NY

South Bay Center for Counseling, El Segundo, CA

Healthy Family Initiatives, Houston, TX

For more information

Contact

Jeretha McKinley
National Program Replication Manager
jmckinley@healthconnectone.org
www.healthconnectone.org
312-243-4772 X238

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